DISABILITY o

What you don't know CAN hurt you

A life-changing disability would be financially devastating for most Americans, especially women.

RISK

Risk for **Facing Disability Higher** Than Many Realize



One in four of today's 20-year-olds will become disabled before they retire.

Women are increasingly more likely to experience higher rates of disability than men

Higher rates of females across all age groups report disability incidence when compared to males.

KNOWLEDGE

The Leading Cause of Disability Often Mistaken

97% of Americans fail to identify arthritis as the leading cause of disability.

More than 30% incorrectly believe the leading cause of disability is accidents.

Women's Higher Incidence of Disability Unrecognized

Only **20% of Americans** know women are more likely to become disabled than men.



CONSEQUENCES

Overall Lack of Financial Confidence if Disability Hits

26% MEN 35% WOMEN

If faced with a disability and unable to work, men and women lack confidence in affording basic expenses. Women More Worried About Financial Impact of Disability



Women are almost twice as likely as men to think their cash reserves would last less than one month in the event of a disability.

PREPARATION

Cash Reserves
Top Financial Resource for
Funding Disability Expenses



76% I

Most Americans plan to rely on cash reserves if they became disabled and are unable to work for a year.



say their cash reserves would last less than a year.



Have Not Calculated How Much Money Needed

More than 6 in 10 have not calculated how much is needed to cover monthly family expenses if faced with disability and unemployment.

SOURCES:

- The State Farm Center for Women and Financial Services at The American College
- U.S. Social Security Administration
- Centers for Disease Control and Prevention

